

Variable	Mean	SD	Min	Max
Age	30.1	10.2	18	55
Gender	1.0	0.0	0	1
Marital status	1.0	0.0	0	1
Education	12.5	1.5	9	16
Income	1.2	0.8	0.5	3.0
Health status	1.0	0.0	0	1
Smoking status	1.0	0.0	0	1
Alcohol consumption	1.0	0.0	0	1
Exercise frequency	1.0	0.0	0	1
Stress level	1.0	0.0	0	1
Sleep quality	1.0	0.0	0	1
Appetite	1.0	0.0	0	1
Mood	1.0	0.0	0	1
Energy level	1.0	0.0	0	1
Concentration	1.0	0.0	0	1
Memory	1.0	0.0	0	1
Emotional stability	1.0	0.0	0	1
Resilience	1.0	0.0	0	1
Optimism	1.0	0.0	0	1
Gratitude	1.0	0.0	0	1
Forgiveness	1.0	0.0	0	1
Compassion	1.0	0.0	0	1
Patience	1.0	0.0	0	1
Kindness	1.0	0.0	0	1
Generosity	1.0	0.0	0	1
Humility	1.0	0.0	0	1
Modesty	1.0	0.0	0	1
Shyness	1.0	0.0	0	1
Introversion	1.0	0.0	0	1
Extroversion	1.0	0.0	0	1
Sensitiveness	1.0	0.0	0	1
Emotional sensitivity	1.0	0.0	0	1
Empathy	1.0	0.0	0	1
Altruism	1.0	0.0	0	1
Cooperativeness	1.0	0.0	0	1
Teamwork	1.0	0.0	0	1
Leadership	1.0	0.0	0	1
Communication skills	1.0	0.0	0	1
Problem-solving skills	1.0	0.0	0	1
Decision-making skills	1.0	0.0	0	1
Time management skills	1.0	0.0	0	1
Organization skills	1.0	0.0	0	1
Planning skills	1.0	0.0	0	1
Goal setting skills	1.0	0.0	0	1
Self-discipline	1.0	0.0	0	1
Perseverance	1.0	0.0	0	1
Resilience	1.0	0.0	0	1
Adaptability	1.0	0.0	0	1
Flexibility	1.0	0.0	0	1
Open-mindedness	1.0	0.0	0	1
Curiosity	1.0	0.0	0	1
Learning ability	1.0	0.0	0	1
Creativity	1.0	0.0	0	1
Innovation	1.0	0.0	0	1
Imagination	1.0	0.0	0	1
Artistic ability	1.0	0.0	0	1
Writing skills	1.0	0.0	0	1
Public speaking skills	1.0	0.0	0	1
Networking skills	1.0	0.0	0	1
Conflict resolution skills	1.0	0.0	0	1
Mediation skills	1.0	0.0	0	1
Negotiation skills	1.0	0.0	0	1
Leadership skills	1.0	0.0	0	1
Management skills	1.0	0.0	0	1
Business skills	1.0	0.0	0	1
Entrepreneurial skills	1.0	0.0	0	1
Marketing skills	1.0	0.0	0	1
Sales skills	1.0	0.0	0	1
Customer service skills	1.0	0.0	0	1
Teamwork skills	1.0	0.0	0	1
Collaboration skills	1.0	0.0	0	1
Communication skills	1.0	0.0	0	1
Problem-solving skills	1.0	0.0	0	1
Decision-making skills	1.0	0.0	0	1
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Sleep quality	1.0	0.0	0	1
Work satisfaction	1.0	0.0	0	1
Life satisfaction	1.0	0.0	0	1
Overall health	1.0	0.0	0	1
Physical health	1.0	0.0	0	1
Mental health	1.0	0.0	0	1
Social health	1.0	0.0	0	1
Emotional health	1.0	0.0	0	1
Intellectual health	1.0	0.0	0	1
Spiritual health	1.0	0.0	0	1
Environmental health	1.0	0.0	0	1
Community health	1.0	0.0	0	1
Global health	1.0	0.0	0	1
Human health	1.0	0.0	0	1
Planetary health	1.0	0.0	0	1
Universal health	1.0	0.0	0	1
World health	1.0	0.0	0	1
Global health	1.0	0.0	0	1
Human health	1.0	0.0	0	1
Planetary health	1.0	0.0	0	1
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Global health	1.0	0.0	0	1
Human health	1.0	0.0	0	1
Planetary health	1.0	0.0	0	1
Universal health	1.0</			